3.5. PRASUTI TANTRA EVUM STRI ROGA

Theory Two Papers – 90 Marks Each
Theory Internal Assessment -20 Marks
Practical/Viva voce – 90 Marks
Practical Internal Assessment 10 Marks
No. of Lectures-150
Hospital Training/Clinical Posting – 3 Months

Paper I-(Prasuti Tantra)

1. Introduction and scope of Prasutitantra (obstetrics).

Stri Sharir Vigyana

Etymological origin of the word Stree, Vayobhedena stree sangnya. (Nomenclature of Stree according to age). Normal and abnormal conditions of Asthisandhi peshi Sahita stree shroni (Soft&Bony Pelvis) and its obstetrical importance, Shroni mapana (pelvic assesment) – Artavvaha and Stanyavaha strotamsi. Tryavarta yoni( Female internal and external genitalia).stree vishishta peshi marman.

2. Rajo vigyana


3. Garbha vignyana

A) Garbhasya paribhasha, Garbhadhanavidhi, Garbhavakranti, Garbha sambhava samagri( factors essential for conception) ,Garbhakara bhava, , Panchabhattika composition of garbha, Garbhalingotpati, Garbhasya avayavotpati, Masanumasika Vridhi of Garbha (Monthwise development of foetus), Garbha Varnotpati (origin of complexion in foetus), Garbha poshana (Nutrition of garbha), garbhangasamstithi (attitude), garbhashthiti, asana, uday (lie, position, presentation),fetal skull, Garbha vikriti.

B) Apara (Placenta) Garbha Nabhinadi(Umbilical cord), Garbhodaka (Amniotic fluid), Jarayu (Foetal membranes)- Formation, development, function, normalcies and their abnormalities. Ulba (vernix caseosa).
4. Garbhinvigyan

a. Lakshana of Sadhyograhita garbha, lakshanas of vyakta garbha, Garbhini nidana (diagnosis of pregnancy) Pumsavana vidhi,


5. Garbhini Vyapad / Garbha Vyapad

a. Garbhini - Alpabala vyadhaya (Minor ailments of pregnancy) – Hrillasa (Nausea), Chardi (emesis), Aruchi, Atisara (Diarrhoea), Vibandha (Constipation), arsha, Udavarta, Pada Sotha, Parikartika, Vaivarnya (Discoloration), Kikkisa etc.

b. Garbhini - balavan vyadhaya (Major Diseases of Pregnancy)

Pandu (Anaemia), Jwara, Shotha (oedema), pregnancy induced hypertension, toxemias of pregnancy, prasava poorva rakta srava (Antepartum haemorrhage) causes, clinical features, complications and treatment of all diseases, High risk pregnancies.

6. Prasava Vigyana (Parturition)


7. Prasava Vyapad (Disorders of Labour)

Akalaprasava (Preterm labour), Kalatita prasava (post term labour), Vilambita prasava (prolonged labour)

Induction and augmentation of labour
Yoni samvarana, cervical dystocia, cephalo pelvic disproportion, fetal distress.

Mudagarbha; - definition, etiopathology, clinical features, types, prognosis (Sadhyasadhya), treatment Aushadhi, Mantra, shastra, Yantrachikitsa

Garbha stithi parivartana (version), forceps delivery, Ventouse delivery. Muladharchhedan (Episiotomy) Udarapatanapurvaka garbha nirharana, cesarean section.

Aparasanga (Retention of placenta), prasavottara raktasrava (PPH). its causes, clinical features and treatment,

Maternal distress, prasavajanya janananga abhighata, uterine inversion, amniotic fluid embolism etc.

8. Sutika Vigyana – Sutika Paribhasha, Sutika Kala, changes during Sutika avastha (Sharirika and Manasika), Sutika paricharya.

9. Sutika Roga – Number of sutika rogas, Causes, Clinical features, Prognosis and treatment of sutika jwara, Sotha and Makkala and other Complications.


Paper II-(STREE ROGA)

1. Artava vyapad
Congenital malformations of female genital tract.
Artava Vriddhi, Kshaya, ashta artava dushti, Asrigdara, abnormal uterine bleeding, Anartava (Amenorrhoea), Alpartava (hypo and oligomenorrhoea).

2. Yoni vyapadani – sankhya, nidana, lakshana, upadrava evam chikitsa with all possible modern correlations.


4. Vandhyatva (Infertility – causes, types, investigations and management)
Yoni Kanda, Yoni Arsha, Granthi and arbudas of yoni (Benign and malignant tumours of genital tract).
Pelvic infections including sexually transmitted infections and their management. Rajonivrutti

5. Stanaroga- Stanagranthi, stanavidradhi (abscess), stanashopha (mastitis) their etiopathology, clinical features, diagnosis, prognosis, treatment and complications.

6. Sthanik chikitsa-
   - Snehana, svedana, uttarabasti, pichu, varti, lepana, dhoopana, dhavana, dahana, ksharakarma etc. Practical knowledge of all these procedures along with indications, complications and management.
   - Importance of panchakarma in Stree roga.

7. Shastra karma
Surgical procedures their indications, Contraindications, purvakarma(pre-operative), Pradhana karma(operative), Paschata karma (post-operative), Complications and management.
-Garbhashayamukha vistrutikarana (Cervical dilatation) & Garbhashaya lekhana (curettage), Garbhashaya mukhadahana (cauterization of Cervix), Swasthane garbhashaya sthapana (repair of genital prolapse), Arshanirharana (excision of polyp), Granthi evam garbhashaya nirharanasya samanya gyana (Hysterectomy), Female surgical sterilization.

-Removal of different types of cysts, Marsupilisation, PAP smear, endometrial and cervical biopsy.

8. Stree roga sambandhita pramukha aushadhi.

-Prasuti stree roga chikitsa upayogi yantra shastra parichaya and vyadhivinischaya upaya (investigative and diagnostic aids).

-Basic knowledge of laproscopy, Hysteroscopy, Hysterosalpingography, USG, X-RAY, Colposcopy. Garbhanirodhaka upaya.


- TERM WISE DISTRIBUTION OF THEORY SYLLABUS

<table>
<thead>
<tr>
<th>FIRST TERM</th>
<th>Paper- I</th>
<th>Paper- II</th>
</tr>
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<tr>
<td>Point No.</td>
<td>1, 2, 3,4.</td>
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<td>Point No.</td>
<td>8, 9,10,11.</td>
<td>7, 8,9.</td>
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- SCHEME OF PRACTICALS / CLINICAL TRAINING – Total Duration 3 Months out of which 01 month should be completed under period of 2nd B.A.M.S. and remaining 2 months under 3rd B.A.M.S.

- OPD - 15Days. (under 2nd B.A.M.S.)
➢ IPD - 15 days (under 2nd B.A.M.S.)
➢ OPD & IPD – 01 Months. (under 3rd B.A.M.S.)
➢ OPERATION THEATRE & Labour room- 1Month. (under 3rd B.A.M.S.)

➢ Under clinical posting each student has to study 20 long Cases and 10 short cases and prepare record of it as prescribed in **Annexure – A & B**
Out of these long 20 cases following division should be strictly followed
Streerog – Total 10 cases (3 short cases + 7 Long cases)
Garbhini – Total 10 cases (3 short cases + 7 Long cases)
Prasav - Total 5 cases (2 short cases + 3 Long cases)
Sutika- Total 5 cases (2 short cases + 3 Long cases)

**• Guidelines of Strirog & Prasutitantra Practicals/Clinics**

Under Clinical Posting following activities or skills or practical work should be done by each student.

1. Identification, uses, demonstration of surgical instruments and method of sterilization.

2. Training of case taking, bedside clinics and case presentation

3. Practical knowledge of performing sthanika chikitsa

4. Observation of 10 Labour cases

5. Observation of surgical procedures mentioned in syllabus

**Distribution of Marks – Practical Exam**

<table>
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<th>Activity</th>
<th>Marks</th>
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<tbody>
<tr>
<td>1. Long case taking &amp; case viva</td>
<td>30</td>
</tr>
<tr>
<td>2. Short case taking &amp; case viva</td>
<td>20</td>
</tr>
<tr>
<td>3. Specific Viva Drugs &amp; Instruments</td>
<td>15</td>
</tr>
<tr>
<td>4. General Viva</td>
<td>15</td>
</tr>
<tr>
<td>5. Long &amp; Short cases record</td>
<td>10</td>
</tr>
</tbody>
</table>

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**TOTAL --**

90 Marks
• THEORY EXAMINATION (To be conducted by University)

There will be Two Papers Paper I & paper II for each 90 Marks as follows. The examiners are directed to set a question paper in such a way that it shall covers all points of syllabus. On any syllabus group maximum 5 SAQ and maximum 10 MCQ can be included in the question paper by Paper setter.

a. SECTION-A. (M.C.Q.) - 15 MARKS
   ➢ IT CONTAINS 30 M.C.Q.s – CARRYING ½ (half), MARK EACH.

b. SECTION-B. (S.A.Q.) - 30 MARKS
   ➢ IT CONTAINS 12 S.A.Q.s – EACH CARRYING 3 MARKS AND ANY 10 SAQs SHOULD BE SOLVED BY STUDENT.

c. SECTION-C. (L.A.Q.) - 45 MARKS
   ➢ IT CONTAINS 4 L.A.Q.s – EACH CARRYING 15 MARKS AND ANY 3 LAQs SHOULD BE SOLVED BY STUDENT.

• DIVISION OF SYLLABUS POINTS AND GROUP WISE WEIGHTAGES OF MARKS IN UNIVERSITY QUESTION PAPER.

| PAPER - I |
|-----------------|-----------------|------------------|-----------------|
| **GROUPS** | **SYLLABUS POINTS** | **ALLOTED MAXIMUM MARKS** | **QUESTION PATTERN** |
| A \ | 1,2,3. | 27 | 1-LAQ +3SAQ +6 MCQ |
| B \ | 4,5. | 27 | 1-LAQ +3SAQ +6MCQ |
| C \ | 6,7. | 27 | 1-LAQ +3SAQ +6MCQ |
| D \ | 8,9. | 24 | 1-LAQ + 2SAQ +6MCQ |
| E \ | 10,11. | 06 | 1SAQ + 6MCQ |
| - \ | - | 111 Marks | - |
### Reference Books

1. Abhinava Prasuti Tantra  
   Vd. Damodar Sharma Gaur
2. Prasuti Vigyana  
   Acharya Ramanath Dwivedi
3. Prasuti Vigyana  
   Dr. Mrinmayi Mukharjee
4. Prasuti Vigyana  
   Dr. Alakh Narayan Singh
5. Prasuti Vigyana  
   Manjari Dwivedi
6. Prasuti Vigyana  
   Vaidya Nirmala Tai Rajwade
7. Prasuti tantra & Stri Roga  
   Dr. Premvati Tiwari
8. Abhinava Prasuti Vigyana  
   Ayodhya Prasad Achal
9. Striroga Vigyana  
   Vd. Ramanath Dwivedi
10. Abhinava Striroga Vigyana  
    Dr. Rajendra Bhatnagar
11. Abhinava Striroga Vigyana  
    Ayodhya Prasad Achal
12. Stri Roga Chikitsa  
    J.S. Chauhan
13. Janasankhya Siddhanta aur Upadeyata Dr. Nirmal Sahani
15. Text Book of Gynacology C.S. Dawn
17. Ayurvedic Concepts in Gynaecology Vaidya Nirmala Joshi

18. Useful parts from Charak, Sushruta, Vagbhatta & Sharangdhar, Yogratnakar.

19. Ayurvedic Streerog & Prasutitantra- Dr. Jaymala Shirke
20. Ayurvediya Garbhasanskar - Dr. Rajashree Kulkarni, Dr. Abhay Kulkarni.
1. Long Case Paper Format

**SUTIKA NIDAN PARIKSHAPATRAKAM**

<table>
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<th>IPD NO-</th>
<th>BED NO:</th>
<th>DATE:</th>
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Student’s Name-
Patient’s Name-
Age-
Address-
Country-
Date of Admission-
Khep(parity)

<table>
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<tr>
<th>Occupation-</th>
<th>Religion-</th>
<th>Ritu-</th>
<th>Date of Discharge-</th>
<th>Prasav-swaroop-</th>
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</thead>
</table>

Vedanavishesh(Complaints with duration)-
Vyadhivrutam(History of present illness)-
Kulvruttamt(History of family disease)-

Pitrukulum-
Matrukulum-
Swakulam-

Purvotpanna vyadhivishesh(History of past illness)-
Satmyasatmya-
Prakruti vinishchya-

Rajpravrutti itihas(Menstrual cycle History)-

Pratham raj pravrutti-
Masik raj pravrutti-
Purva raj pravrutti-

Anya vedanavisshesh-

Vivah itihas(Marital Status)-
Sagarbhavastha itihas-
Prasava itihas(Details of Deliveries)-

Purva prasava itihas-
Saddya prasava itihas-
Santatipratibandhak yog (History of contraceptive) -
Ashtavidha samanya parikshan (General Exam) -
Nadi (Pulse) - Raktadab -(B.P.) -
Mal (Stool) - Mutra -
Shavasan - Netra -
Jivha (Tongue) - Nakha -
Shabda - Sparsh -
Dehoshma (Temp) - Akruti -
Vajan -(Weight) - Height -
Dant (Teeth) - Gal (Throat) -
Granthi (Glands) -

A) Sutikavastha vishesh parikshan -

1) Udarprikshan - Darshan -
   Sparshan - Garbhashay rhas -
   Garbhashay sparsh -

   Prashan -

2) Bahyayoniparikshan -
   Darshan -
   Sparshan -
   Prashan -

3) Yonigat strav parikshan -
   Praman -
   Gandha -
   Varna -
   Swarup -

4) Stanparikshan -
   Darshan - Unnatvam/krushtvam -
   Stanchuchchuk -
   Stanmandal -
Sparshan-
Prashan-
5) Stanyaparikshan-

Matra- Varna-
Swarup- Gandha-
Varipariksha-

Strotasparikshan-
Parikshan Vikrutlakshane

• Pranvaha-
• Udakvaha-
• Annavah-
• Rasvaha
• Raktavah-
• Mansavaha-
• Medovaha-
• Asthivah-
• Majjavaha-
• Purishvah-
• Mutravah-
• Swedovah-

Rakmutradi parikshan-(Investigations)
Vyavachchedak nidan-
Vyadhivinishchay-
Chikitsa-
Abhyantar Chikitsa-
Sthanik Chikitsa-
Paricharya-Aaharatah-
Viharatah-
Balak parikshan – Janmadinank-
Akruti- Nidra-
Upachay- Malpravruti-
Dehoshma- Mutrapavruti-
<table>
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<tr>
<th>Shvasan-</th>
<th>Udarprikshan-</th>
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<tr>
<td>Nakha-</td>
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<td>Aachushan-</td>
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<td>Jivha-</td>
<td>Shirorandhra-</td>
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<tr>
<td>Tvacha-</td>
<td>Nabhinal-</td>
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<tr>
<td>Sahajvikruti-</td>
<td>Nabhinalpatandinank-</td>
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</tbody>
</table>

Vyadhivinishchay-
Chikitsa-
Paricharya- Aaharatah-
Viharatah-
-Dainandinupacharpatrak-

| Date | Sutikadinam | Vedanavishesh | Paricharya/Chikitsa | Pathyapathya |

Sutikanirgamankalin Sthiti
(Condition at the time of discharge)
Nirgaman Dinank
Sutikavastha-
  Garbhashay rhas-
  Stravaswarup-
  Stan/stanya sthiti
  Yoniparikshan-
Upadesh-
Punahparikshan dinank(Followup Date)-

Balaknirgamkalin Sthiti
Nadi(Pulse)
Shvasan
Dehoshma(Temp)
Mal(Stool)
Mutra(Urine)
Nidra(Sleep)
Dugdhanam(Breast Feeding)
Netra
Upachay-
Shirorandhra-
Nabhinal-
Nabhinalpatan dinank-
Upadesh-
Punahparikshan dinank(Followup date)-

Student sign  Teacher sign
2. Long Case Paper Format

Strirognidanparikshapatrakam

<table>
<thead>
<tr>
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  Matrulkulum-
  Swakulam-
Purvotpanna vyadhivishesh(History of past illness)-
Satmyasatmya-
Prakruti vinishchya-

Rajpravrutti itihas(Menstrual cycle History)-
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  Masik raj pravrutti-
  Purva raj pravrutti-
  Anya vedanavishe-
Vivah itihas(Marital Status)-
Sagarbhavastha itihas-
Prasava itihas(Details of Deliveries)-
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Vajan (Weight) - Height -
Dant (Teeth) - Gal (Throat) -
Granthis (Glands) -

Strotasparikshan -
Parikshan Vikrutlakshane

• Pranvaha -
• Udakvaha -
• Annavah -
• Rasvaha -
• Raktavah -
• Mansavaha -
• Medovaha -
• Asthivah -
• Majjavaha -
• Purishvah -
• Mutravah -
• Swedovah -

Vishesh parikhan -
Udarparikshan -
Darshan -
Sparshan -
Prashanen -
Stanparikshan -
Artavavah Strotas (Gynaecological Examination) -
Bahyayoni parikshan- Darshan-
Yonimukhosht-
Pitika-
Kesh-
Strav-
Yonivikshanyantradvare parikshan(P/S Examination)-
Prathmavart-
Garbhashaymukh-
Yonigat strav-
Varna Swarup
Gandh- Praman-
Matra-
Sparshan pariksha-
Garbhashaygrivamukh-
Garbhashay akar-
Garbhashay sthiti-

Prashanen-

Prayogshaliya parikshanam-
Raktaparikshanam(Blood Test)-
Mutraparikshanam(Urine Exam)-
USG (Abd &pelvis)-
Anyaparikshnam-
Nidanpanchak-
Hetu-
Poorvarup-
Roop-
Upashyanupashay-
Samprapti-
Vyavachchedak nidan-
Vyadhivinishchay-
Upadrava-
Chikitsa- Abhyantar chikitsa-
Sthanik chikitsa-
Pathyapathyam-

Student sign    Teacher sign
3. Long Case Paper Format

Prasavotsuka Pariksha Patraka

OPD NO- IPD NO- BED NO: DATE:
Student’s Name- Patient’s Name-
Age- Occupation-
Address- Religion-
Country- Ritu-
Date of Admission- Date of Discharge-

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  Purva raj pravrutti-
  Anya vedanavishesh-
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<th>Nadi (Pulse)</th>
<th>Raktadab (B.P.)</th>
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<td>Mal (Stool)</td>
<td>Mutra</td>
</tr>
<tr>
<td>Shavasan</td>
<td>Netra</td>
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<tr>
<td>Jivha (Tongue)</td>
<td>Nakha</td>
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<td>Shabda</td>
<td>Sparsh</td>
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<tr>
<td>Dehoshma (Temp)</td>
<td>Akruti</td>
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<tr>
<td>Vajan (Weight)</td>
<td>Height</td>
</tr>
<tr>
<td>Dant (Teeth)</td>
<td>Gal (Throat)</td>
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Granthi (Glands)

### Strotasparikshan

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<td>Annavah</td>
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<td>Swedovah</td>
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Prasavotsuka vishesh parikshanam

1) Udarprikshnam -

Darshan - Akar -
    Nabhi -
    Garbhachalan -
    Vikrut lakshane -
Sparshan-
  Garbhashay unchi-
  Garbhashir-
  Garbhastrhiti-
  Garbhahrutspand
  Garbhachalan-
Vikrut lakshane-
2) Yoniparikshan-
Darshan-Bahyayoniparikshan
  Strav-
  Vikrutlakshane-
Sparshan-
Abhyantar yoniparikshnam-
Garbhashayagrivamukhvistar-
Ulbavaran-
Kativivarache anuman-
Avipraranbh dinank- Time-
Garbhodak struti dinank- Time-
Garbhajanma dinank- Time
Aparapatan dinank- Time-
Aparaparikshn
Bahyayoniparikshn
Prasavottarprikshan
Nadi-
Raktadab(B.P.)
Prasavottar yonigat raktastrav-
Garbhashay-
Prasav swarup-
Prasav varnanm-
  1) Prajayini-
  2) Upasthit prasava-
  3) Prajayanishyamana-
  4) Prasav Vyapad-

Student sign

Teacher sign
4. Long Case Paper Format

**GARBHINI PARIKSHA PATRAK**

<table>
<thead>
<tr>
<th>OPD NO-</th>
<th>IPD NO-</th>
<th>BED NO:</th>
<th>DATE:</th>
</tr>
</thead>
</table>

- **Student’s Name**-  
- **Patient’s Name**-  
- **Age**-  
- **Address**-  
- **Country**-  
- **Date of Admission**-  
- **Khep (Parity)**-  
- **Occupation**-  
- **Religion**-  
- **Ritu**-  
- **Date of Discharge**-  
- **Anartavakal**-

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- **Vedanavishesh (Complaints with duration)**-  
- **Vyadhivrutam (History of present illness)**-  
- **Kulvruttamt (History of family disease)**-  
    - **Pitrukulum**-  
    - **Matrukulum**-  
    - **Swakulam**-  
- **Purvotpanna vyadhivishesh (History of past illness)**-  
- **Satmyasatmya**-  
- **Prakruti vinishchya**-

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- **Rajpravrutti itihas (Menstrual cycle History)**-  
    - **Pratham raj pravrutti**-  
    - **Masik raj pravrutti**-  
    - **Purva raj pravrutti**-  
    - **Anya vedanavishesh**-
- **Vivah itihas (Marital Status)**-  
- **Sagarbhavastha itihas**-  
- **Prasava itihas (Details of Deliveries)**-  
    - **Purva prasava itihas**-  
    - **Saddya prasava itihas**-
Santatipratibandhak yog (History of contraceptive) -
Ashtavidha samanya parikshan (General Exam) -
Nadi (Pulse) - Raktadab (B.P.) -
Mal (Stool) - Mutra -
Shavasan - Netra -
Jivha (Tongue) - Nakha -
Shabda - Sparsh -
Dehoshma (Temp) - Akruti -
Vajan (Weight) - Height -
Dant (Teeth) - Gal (Throat) -
Granthi (Glands) -

Strotasparikshan -
Parikshan Vikrutlakshane
- Pranvaha -
- Udakvaha -
- Annavah -
- Rasvaha -
- Raktavah -
- Mansavaha -
- Medovaha -
- Asthivah -
- Majjavaha -
- Purishvah -
- Mutravah -
- Swedovah -

Garbhiniavasthavishishth Parikshnam -
A]Udarparikshanam -
Darshnam -
Udhrvanabhiutsedharomrajikikvisdarshnam |
Sparshan-Udarparigh -
Garbhashay unchi -
Garbhashir -
Garbhasthiti-
Garbhahrutspanda-
Garbhchalan-
B]Stanparikshan-
Stanchuchchuk-
Stanmandal-
C]Yoniparikshan-Bahyayoniparikshan
   Darshan-
   Sparshan-
   Prashan-
D]Abhyantar yoniparikshan(Bimanual Vaginal Examination)-
E]Yonivikshan Yantradwara Parikshan(P/S examination)
Vikrutiparikshanani(Pathological Investigations)-
   Raktaparikshan(Blood Test)-
   Mutraparikshan(Urine Exam)-
   USG of pelvis(obs)
Other special investigations-
Nidanpanchak-
Hetu-
Poorvarup-
Roop-
Upashyanupashay-
Samprapti-
Vyavachchedak nidan-
Vyadhivinishchay-
Upadrava-
Chikitsa-Abhyantar chikitsa-
Sthanik chikitsa-
Pathyapathyam-
Aharatha-
Viharatha-
Dainandinitivrutam
   Date Vedanavishesh Paricharya/Chikitsa Pathyapathy

Student sign Teacher sign
SHORT CASE FORMAT

OPD NO-                                          DATE:
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Age-                                              Occupation-
Address-                                          Religion-
Country-                                          Ritu-
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Udarparikshan -
Darshan -
Sparshan -
Prashanen -
Abhyantar Yoniparikshan (Bimanual Vaginal Examination) -

Yonivikshanyantradvare parikshan -

Vyadhivinishchay -
Chikitsa -
Abhyantar chikitsa -

Sthanik chikitsa -
Pathyapathyam -

Student sign              Teacher sign